DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF COPENHAGEN

Participant information – Survey study

Project title: Parents' experiences of support and guidance on their child's development – part of the EVI research project

Ethical Committee approval number: [IP-EC-22072026-1]

Dear parent

You are invited to take part in a research project at the Centre of Excellence in Early Intervention and Family Studies (CIF), Department of Psychology, University of Copenhagen.

Please read this information before deciding whether you want to participate. It describes what the project is about and what it means for you to take part.

Background and purpose of the project

The public health visiting service (Sundhedsplejen) plays an important role in supporting young children's well-being and development, and in supporting parents in the early stages of parenthood.

In the EVI research project, we study how the implementation of the ADBB method affects the work of health visitors (sundhedsplejersker) and parents' experiences with the public health visiting service. The method is used to observe young children's social contact.

We focus particularly on understanding parents' experiences of the guidance they receive from their health visitor on supporting their child's social and emotional development. We also examine parents' well-being and experiences of early parenthood.

The results will contribute to knowledge about how the use of ADBB influences health visitors' work and parents' experiences with the public health visiting service, and how working with the method can be further developed.

Why have you been invited?

During the project, all parents of children aged 2-18 months are invited after selected health visitor appointments in 10 municipalities. You have been invited because you took part in one of these visits. We compare parents' experiences before and after health visitors are trained in the ADBB method.

What does participation involve?

If you wish to participate, you will be asked to complete an electronic questionnaire. It includes questions about:

- your most recent health visitor appointment
- the support and guidance you received about your child's social and emotional development and well-being
- your understanding of your child's signals and how confident you feel in supporting your child
- your experiences as a parent and your own well-being, as well as some background information about you and your child

You complete the questionnaire once, which takes about 10 minutes. Finally, you can indicate whether we may contact you for a possible interview about your experiences. This is completely voluntary.

Are there any disadvantages to participating?

The project does not involve any treatment or examinations of your child and does not change the help you receive from the public health visiting service.

Some questions are about your child's development, your well-being, and being a parent. Some people may find that the questions lead to reflection or concern. There are no right or wrong answers, and you can stop completing the questionnaire at any time. If you become worried about your child or your own well-being, you can talk to your health visitor. If you have questions about the study, you are welcome to contact the project team.

Are there any benefits to participating?

Your experiences contribute to new knowledge about how the public health visiting service can support children and families during the child's first year of life. You will not necessarily gain any direct benefit from participating.

Voluntary participation

Participation is voluntary. It will not affect the help or support you and your child receive from the public health visiting service, if you choose not to participate.

If you choose to participate, you can later withdraw your consent by contacting the project team. Information that has not yet been included in analyses will then be deleted.

Confidentiality and processing of personal data

All information is treated confidentially and in accordance with current data protection legislation (GDPR). Your health visitor and the municipality cannot see your answers.

Personal data is stored securely on the University of Copenhagen's servers. Results will be published in aggregate form so that individuals cannot be identified.

You can read more about how your personal data is processed and protected in the project in the document "*Oplysninger om behandling af personoplysninger til deltagere i forskningsprojekter på Københavns Universitet* ".

Please note: This document is in Danish. If you need help understanding it, please contact the project team.

Contact

If you have questions regarding the project, you are very welcome to contact:

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